



Astronaut Food

Pudding- Ziplock bag, 2 tablespoons of instant pudding, $\frac{1}{2}$ cup of milk. Mix together, poke hole and suck it out. No utensils needed

Tang- Ziplock bag, 2 tablespoons of Tang, 1 cup of water and a straw. Mix together the ingredients. Zip bag up tight around straw.

Moon Pies- Chocolate cookies, marshmallow fluff and or peanut butter. Spread fluff and or peanut butter between 2 cookies. Enjoy.