

**Thursday, February 4, 2016**

**Snow date 2-5-16**

**William K. Sanford Town Library**

www.colonielibrary.org  
629 Albany-Shaker Rd.  
Loudonville, NY 12211  
518-458-9274

Upper Hudson Library System & Mohawk Valley Library System present



## Making It Fun, Making It Fit, Making It Manageable: 2016 Summer Planning Workshop

9:00 am - 9:30 am Registration  
9:30 am - 3:45 pm Workshop  
(Lunch included)

**Costumes encouraged!**  
Channel your inner Jillian Michaels  
or Tony Horton, or represent another  
fitness theme!

Is summer at your library a race, a game, or an exercise session? Join us for a day of making your summer activities fun like a game, fit like the results of enough strategic exercising, and manageable, so that you don't collapse at the finish line! You'll leave with many ideas, a strengthened network of peer mentors, and a greater understanding of how to produce a fun, goal-aligned, and manageable program of summer activities!

UHLS & MVLS library members: \$16.00

Others: \$50.00

Library: \_\_\_\_\_

Names of persons attending & email addresses: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Amount enclosed: \_\_\_\_\_

Please send this registration form and checks made payable to UHLS, through delivery or mail to:  
**Summer Planning Workshop**, UHLS, 28 Essex Street, Albany, NY 12206.

**Registration deadline is January 28, 2016**

This workshop is supported in part by funds from the New York State Library's Family Literacy Library Services grant program.